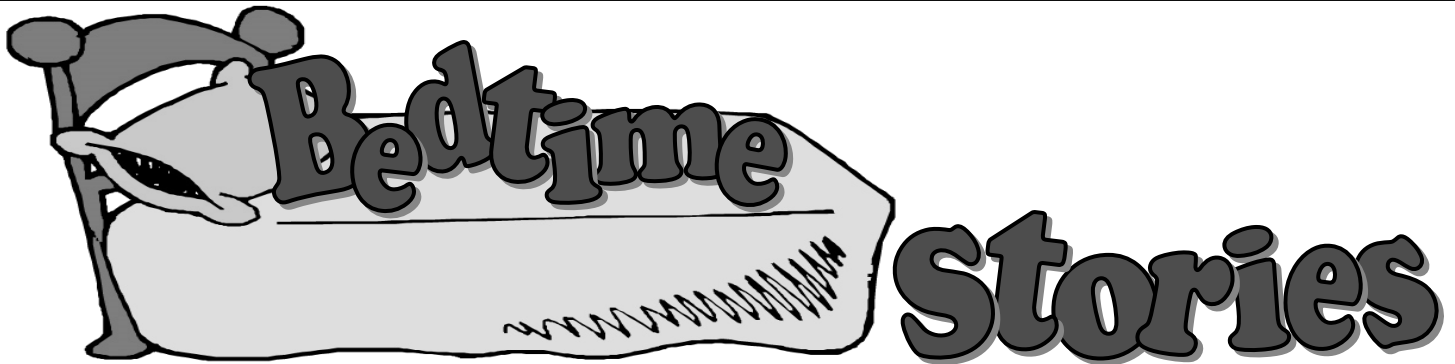


Dear Parents:

Today we used some of these books, fingerplays, and other materials in our toddler and preschool storytimes. Please continue helping your child develop a love for books and reading by sharing these rhymes, books, and other activities with your child.



Books To Share

Good Night, Sleep Tight

by Mem Fox

There's a Nightmare in My Closet

by Mercer Mayer

Nighty Night Little Green Monster

by Ed Emberley

Dream Animals: A Bedtime Journey

by Emily Winfield Martin

The House in the Night

by Susan Marie Swanson

How Do Dinosaurs Say Goodnight?

by Jane Yolen

No Jumping on the Bed!

by Tedd Arnold

Goodnight, Goodnight, Construction Site

by Sherri Duskey Rinker

Goodnight Moon

by Margaret Wise Brown

Dinosaur vs. Bedtime

by Bob Shea

Sleepy Places

by Judy Hindley



Fun With Fingerplays and Songs

Pajama Party

(Suit actions to words.)

Welcome to our pajama party,
Come on, let's have some fun.
First we'll hop on slippers feet,
And then we'll run and run.

Now we'll stretch and stretch our arms,
And then we'll sigh and yawn.
Soon we'll all be fast asleep,
And we'll stay that way until dawn.

Good Night

(Suit actions to words.)

Two little hands go clap, clap, clap,
Two little arms lie in my lap.
Two little feet go bump, bump, bump,
Two little legs give one big jump.
Two little eyes are shut so tight,
One little voice whispers "Good Night!"

Four Little Stars

(Use your fingers to represent the stars.)

Four little stars winking at me,
One shot off, now there are three.
Three little stars with nothing to do,
One shot off, then there were two.
Two little stars afraid of the sun,
One shot off, then there was one.
One little star thought being alone was no fun,
It shot off, now there are none.

Big Yellow Moon

Big yellow moon shines so bright,
(Hold your arms above your head in a circle shape.)
Glides across the starry night.
(Move your arms from left to right.)
Looks down at me,
(Use your hands to shade your eyes.)
Asleep in the bed,
(Pretend to sleep.)
And whispers, "Good night sleepyhead."
Big yellow moon, your turn is done,
(Move your arms down in front of your body.)
Here comes Mr. Morning Sun!
(Move your arms above your head in a circle shape again.)

Sleeping

(Tune: "All Around the Mulberry Bush")
(This is a great song to get the whole family involved.)
This is the way a baby sleeps,
(Curl up with your knees at your chest.)
Baby sleeps, baby sleeps,
This is the way a baby sleeps,
In his little crib.

This is the way a daddy sleeps,
(Lie on your back with your arms outstretched.)
Daddy sleeps, daddy sleeps.
This is the way a daddy sleeps,
In his big bed.

This is the way a doggy sleeps,
(Lie on your side.)
Doggy sleeps, doggy sleeps,
This is the way a doggy sleeps,
On the floor.

This is the way a ducky sleeps,
(Stand on one leg with your head down.)
Ducky sleeps, ducky sleeps.
This is the way a ducky sleeps,
In the tall grass.

Now you show me how you go to sleep,
(Let the children choose a position.)
Go to sleep, go to sleep.
Now you show me how you go to sleep,
When it's time for bed!



Other Fun Things

Moon and Star Mobile

Take two wooden dowels and cross them to form a cross and secure them with tape or string. This will be the mobile that you will hang your moon and stars from. Cut out a variety of stars and a moon from colored paper and white paper in all shapes and sizes. Decorate them and let them dry. Next cut a variety of ribbon pieces of different lengths and attach one end to each star and the moon and the other end to the mobile and secure them in place so the mobile balances. Tie a piece of string around the cross-section to allow you to hang the mobile in the perfect spot.

Good Night Teddy

As you put your child to bed, he or she can help you put stuffed animals and/or dolls to bed also. Let him or her tuck them in, kiss them, and snuggle them a little.



Every Child Ready to Read @ Your Library®

Learning to read begins before your child starts school. Help your children develop early literacy skills now; this makes it easier for children to learn to read once they begin school. Five of the best ways to help your child get ready to read are:

- Talking
- Singing
- Reading
- Writing
- Playing

If you would like more information, please ask the staff in the children's area.

Every Child Ready to Read® is a project of the Association for Library Service to Children and the Public Library Association, divisions of the American Library Association.

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201 Peterson

2733 Council Tree Avenue

4616 South Shields

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